

## ATHLETE PROTECTION TRAINING COURSES

## Athletes (current members):

- 1. Visit www.usaswimming.org/learn.
- 2. Enter your first name, last name and date of birth into the search parameters boxes. Click "Search".
- 3. Click "Continue" next to your name.
- 4. Click "Go to Learn".
- 5. Select "Courses" at the top.
- 6. For athletes ages 12-17, click on the Safe Sport for Athletes course and complete the course using the prompts.
- 7. For athletes over the age of 18, click on SafeSport Training for Adult Athletes.

## Parents (non-member):

- 1. Visit <a href="https://learn.usaswimming.org/">https://learn.usaswimming.org/</a>
- 2. Click "Register".
- 3. Click "Create Account" in the Non-Member Access box.
- 4. Follow the prompts to register an account. Please fill in all of the required personal information and be sure to select "North Texas Swimming" as your LSC and "City of Richardson" for your club.
- 5. Click "Courses."
- 6. In Parent's Guide to Misconduct in Sport, select "Add Course".
- 7. Select the Parent's Guide to Misconduct in Sport course to start.
- 8. Complete the course using the prompts.

Thank you to everyone for your help. It is extremely important and we hope that everyone will take the time to continue to keep COR a safer place for our athletes!

Please let us know if you have any questions!

**COR Coaching Staff**